SAFE CLINICAL SKILLS LAB Agenda

# Day One:

This is a hands-on training taught through practice and demonstration using live model patients in a simulation laboratory with clinical preceptors. Students will rotate between stations and by the end of the day the following objectives will be met.

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| **Objective** | **Outline** | **Presenters** | **Time Frame** |
| **Differentiate specific structures of the female genital anatomy.** | Female Structure  • Identifies mons  • Identifies clitoris  • Identifies labia majora  • Identifies labia minora  • Identifies urethra  • Identifies posterior fourchette/commissure  • Identifies fossa navicularis  • Identifies hymen  • Identifies cervix  • Identifies anus, anal canal and rectum |  | 8am – 9am |
| **Describe the mechanism of action of Toluidine Blue Dye.**  **Identify the** **appropriate location for Toluidine Blue application.**  **Demonstrate proper application of 1% Toluidine Blue Dye.**  **Demonstrate proper removal of 1% Toluidine Blue Dye** | Toluidine blue 1% Aqueous solution  • Explanation to pt.  • Application  • Removal with lubricant  • Positive uptake vs. negative uptake |  | 9am – 10am |
| **Demonstrate proper use of catheter for hymen Visualization.** | Foley catheter balloon technique  • Explanation to pt.  • Insertion Blowing up balloon  • Assessing hymen  • Removal |  | 10am- 11am |
| **Break** | | | 11am-1115am |
| **Describe speculum insertion**  **technique.**  **Manipulate speculum to visualize the cervix.**  **Describe speculum removal technique.**  **Demonstrate performance of the speculum examination.** | Speculum Exam  • Explanation to pt.  • Insertion  • Use of lubricant vs. no lubricant  • Identification of cervix  • Removal |  | 1115am-115pm |
| **Lunch** | | | 115pm-1:45pm |
| **Identify the proper collection medium for culture collection.**  **Demonstrate appropriate culture collection for STIs.** | Collection of cultures  • GC  • CT  • KOH/wet prep  • Herpes/Viral |  | 145pm-245pm |
| Break | | | 245-3pm |
| **Identify the critical components of clinical**  **photography.**  **Demonstrate effective use of camera to document findings.** | Clinical Photography  • Patient identification  • Patient consent  • Medical record  Camera  • Explanation to pt.  • Set up  Close up  • Focus  • Body surface  • Genital |  | 3pm – 5pm |
| **Total** | | | **8 hours** |

# Day Two:

Students will rotate between stations and by the end of the day the following objectives will be met.

| **Objective** | **Outline** | **Presenters** | **Time Frame** |
| --- | --- | --- | --- |
| **Identify the key components of effective history-taking.**  **Demonstrate effective history taking skills.** | History   Presenting complaint  History of the presenting complaint   Past medical/surgical history   Drug/allergy history   Contraception history   Pregnancy history   Family history   Personal/social history |  | 8am-9am |
| **Identify the key components of the physical exam.**  **Demonstrate the complete head-to-toe assessment.** | Review of systems  Physical Assessment/Review of Systems   Head to toe examination of all body surfaces   General   Vision   Head and Neck   Pulmonary   Cardiovascular   Gastrointestinal   Genito-Urinary   Ob/Gyn/Breast   Neurological   Endocrine   Infectious Diseases   Musculoskeletal   Mental Health   Skin and Hair |  | 9am-10am |
| **Prepares the adolescent and adult for the ano-genital exam.** | Communication about examination  • Has patient had this type of exam before  • Explains positioning  • Explains equipment |  | 10am-10:30am |
| **Break** | | | 10:30am-10:45am |
| **Identify the rationale behind collection of specific evidentiary specimens.**  **Demonstrate proper body orifice and surface collection of evidence.**  **Demonstrate proper material evidence collection.**  **Demonstrate proper packaging of evidentiary materials.**  **Demonstrate proper sealing of evidentiary materials.**  **Demonstrate proper maintenance of chain of custody for evidentiary materials.** | Specimen collection  • Buccal swabs  • Oral swabs and smear  • Bite mark swabbing  • Other body surface swabbing  • Fingernail clippings/swabbings  • Anal swabs and smear  • Vaginal swabs and smear  • Cervical swabs and smear  • Head hair combing/pulling  • Pubic hair combing/pulling  • Clothing Evidence packaging  • Evidence sealing   * Chain of   Custody |  | 10:45am-1:15pm |
| **Lunch** | | | 115pm-1:45pm |
| **Formulate a sexual assault specific plan of care based on overall assessment and diagnosis.**  **Verbalize and defend the plan of care based on overall assessment and diagnosis.**  **Explain care options to simulated patient.** | Plan of care  • Inclusive of individualized patient specific needs based on scenario given  • Verbalizes rationale for plan to preceptor  • Explains care options to patient and makes patient choice a top priority |  | 1:45pm – 3:45pm  **BREAK**  3:45pm -4pm  **Resume**  **4pm – 5pm** |
| **Total** | | | **8 hours** |