SAFE CLINICAL SKILLS LAB Agenda

# Day One:

This is a hands-on training taught through practice and demonstration using live model patients in a simulation laboratory with clinical preceptors. Students will rotate between stations and by the end of the day the following objectives will be met.

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| **Objective** | **Outline** | **Presenters** | **Time Frame** |
| **Differentiate specific structures of the female genital anatomy.** | Female Structure• Identifies mons • Identifies clitoris• Identifies labia majora• Identifies labia minora• Identifies urethra• Identifies posterior fourchette/commissure• Identifies fossa navicularis• Identifies hymen• Identifies cervix• Identifies anus, anal canal and rectum |  | 8am – 9am |
| **Describe the mechanism of action of Toluidine Blue Dye.****Identify the** **appropriate location for Toluidine Blue application.** **Demonstrate proper application of 1% Toluidine Blue Dye.** **Demonstrate proper removal of 1% Toluidine Blue Dye** | Toluidine blue 1% Aqueous solution• Explanation to pt.• Application• Removal with lubricant• Positive uptake vs. negative uptake |  | 9am – 10am |
| **Demonstrate proper use of catheter for hymen Visualization.** | Foley catheter balloon technique• Explanation to pt.• Insertion Blowing up balloon• Assessing hymen• Removal |  | 10am- 11am |
| **Break** | 11am-1115am |
| **Describe speculum insertion****technique.** **Manipulate speculum to visualize the cervix.** **Describe speculum removal technique.****Demonstrate performance of the speculum examination.** | Speculum Exam• Explanation to pt.• Insertion• Use of lubricant vs. no lubricant• Identification of cervix• Removal |  | 1115am-115pm |
| **Lunch**  | 115pm-1:45pm |
| **Identify the proper collection medium for culture collection.** **Demonstrate appropriate culture collection for STIs.** | Collection of cultures• GC• CT• KOH/wet prep• Herpes/Viral |  | 145pm-245pm |
| Break | 245-3pm |
| **Identify the critical components of clinical****photography.** **Demonstrate effective use of camera to document findings.** | Clinical Photography• Patient identification• Patient consent• Medical recordCamera• Explanation to pt.• Set up Close up• Focus• Body surface• Genital |  | 3pm – 5pm |
| **Total** | **8 hours** |

# Day Two:

Students will rotate between stations and by the end of the day the following objectives will be met.

| **Objective** | **Outline** | **Presenters** | **Time Frame** |
| --- | --- | --- | --- |
| **Identify the key components of effective history-taking.** **Demonstrate effective history taking skills.** | History Presenting complaintHistory of the presenting complaint Past medical/surgical history Drug/allergy history Contraception history Pregnancy history Family history Personal/social history |  | 8am-9am |
| **Identify the key components of the physical exam.****Demonstrate the complete head-to-toe assessment.** | Review of systemsPhysical Assessment/Review of Systems Head to toe examination of all body surfaces General Vision Head and Neck Pulmonary Cardiovascular Gastrointestinal Genito-Urinary Ob/Gyn/Breast Neurological Endocrine Infectious Diseases Musculoskeletal Mental Health Skin and Hair |  | 9am-10am |
| **Prepares the adolescent and adult for the ano-genital exam.** | Communication about examination• Has patient had this type of exam before• Explains positioning• Explains equipment |  | 10am-10:30am |
| **Break** | 10:30am-10:45am |
| **Identify the rationale behind collection of specific evidentiary specimens.****Demonstrate proper body orifice and surface collection of evidence.****Demonstrate proper material evidence collection.****Demonstrate proper packaging of evidentiary materials.** **Demonstrate proper sealing of evidentiary materials.****Demonstrate proper maintenance of chain of custody for evidentiary materials.** | Specimen collection• Buccal swabs• Oral swabs and smear• Bite mark swabbing• Other body surface swabbing• Fingernail clippings/swabbings• Anal swabs and smear• Vaginal swabs and smear• Cervical swabs and smear• Head hair combing/pulling• Pubic hair combing/pulling• Clothing Evidence packaging • Evidence sealing* Chain of

 Custody |  | 10:45am-1:15pm |
| **Lunch** | 115pm-1:45pm |
| **Formulate a sexual assault specific plan of care based on overall assessment and diagnosis.****Verbalize and defend the plan of care based on overall assessment and diagnosis.****Explain care options to simulated patient.** | Plan of care• Inclusive of individualized patient specific needs based on scenario given• Verbalizes rationale for plan to preceptor• Explains care options to patient and makes patient choice a top priority |  | 1:45pm – 3:45pm**BREAK**3:45pm -4pm**Resume**  **4pm – 5pm** |
| **Total** | **8 hours** |